



Vitamins and supplements without a Letter of Medical Necessity

WELLNESS MART — HOUSTON TX
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DAILY MULTIVITAMIN	\$21.99
FISH OIL 1000MG	\$18.49
VITAMIN D3 2000IU	\$12.99
TOTAL	\$53.47

NEEDS AN LMN

② itemized & named — but ③ no Letter of Medical Necessity attached

× NEEDS A COMPANION DOC

The facts here are fine, but it can't substantiate alone — pair it with the missing document.

WHY THIS FAILS

- ① **The receipt itself is good** — it names each item, the date, and the amount.
- ② **But vitamins and general supplements are 'dual-purpose'** — eligible only when a provider certifies they treat a specific condition.
- ③ **Without a Letter of Medical Necessity (LMN)**, these are treated as general health items and denied.

✓ WHAT TO SEND INSTEAD

Ask your provider for an **LMN** naming the condition, the specific supplement, and that it's medically necessary (with dates + signature). Submit the itemized receipt **together with the LMN**.

SAMPLE — synthetic teaching exhibit; fictitious provider, patient & data. **Not a real record.**